He who began a good work in you will carry it to completion.

Whatever happens conduct yourselves in a manner worthy of the gospel of Christ

Your attitude should be the same as that of Jesus Christ

I press on to take hold of that for which Christ Jesus took hold of me

Rejoice in the Lord. Always.

Do not be anxious but Pray at all times.

Let your gentleness be evident to all.

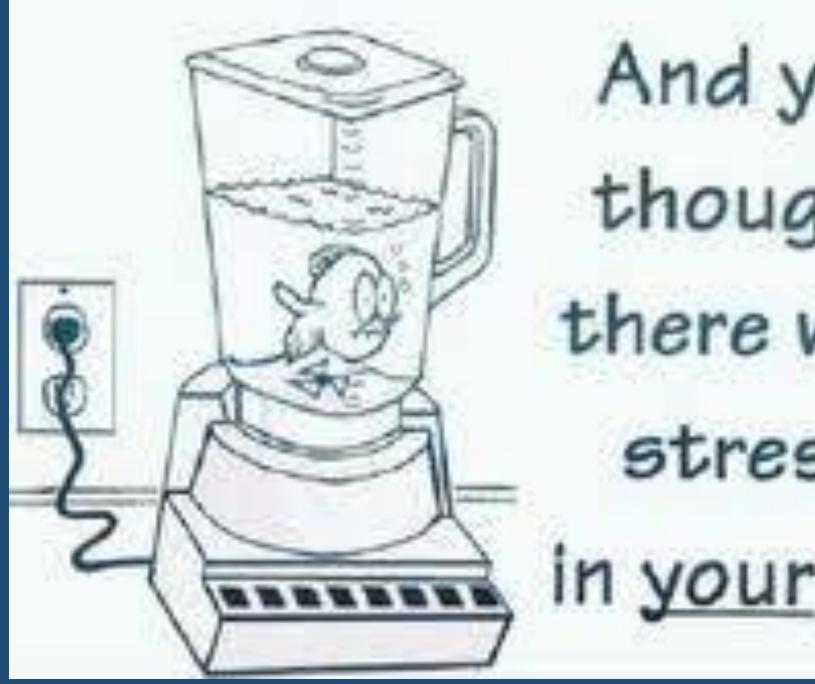
Think positive thoughts.



- "The appeal to be of the same mind in the Lord would remind them that this mind was the mind of Christ who had emptied himself, had humbled himself and had been obedient to death. If Christ behaved like this how must those who are in **Christ behave?** Should we perhaps worry less about who is right and who is wrong and ask instead,
- what does it mean for us as community to have the mind of Christ"

"let your gentleness be evident to all."

"Do not be anxious but in everything by prayer and petition, with thanks giving present your request to God"



And you thought there was stress in your life



our hearts will be guarded by the peace of God.

