




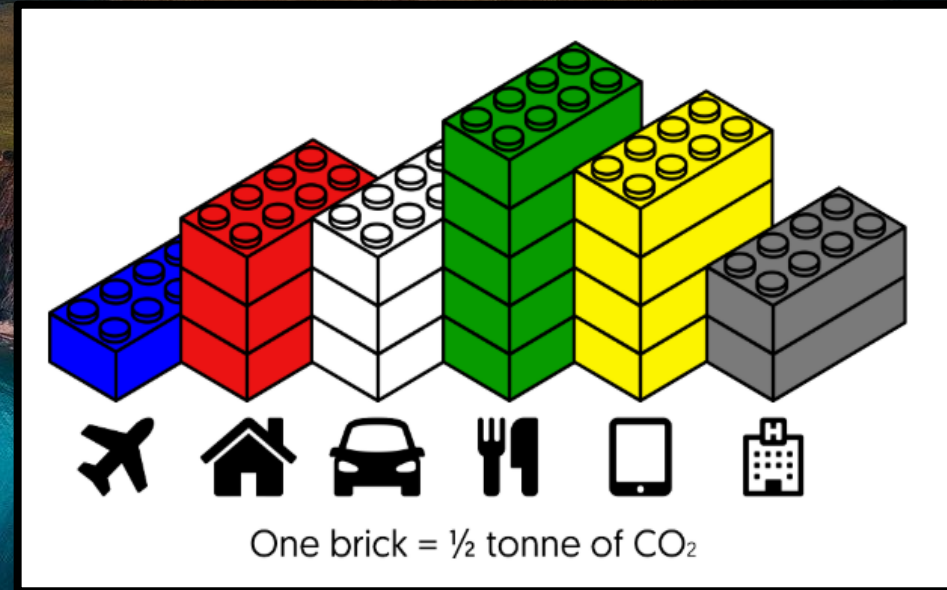
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- An aerial photograph of a coastal landscape. In the foreground, a steep, green hillside slopes down towards a small bay. The water in the bay is a deep blue, while the water further out is a lighter, shimmering blue. A small beach with some buildings is visible at the bottom of the hill. In the background, there are rolling green hills and a distant coastline under a hazy sky.
- 1. Measure your carbon footprint**
 - 2. Reduce it!**

An aerial photograph of a coastal landscape. In the foreground, a steep, grassy hillside slopes down towards a small, sheltered bay. The water in the bay is a deep, clear blue, while the water further out is a lighter, shimmering blue. A small, rocky beach is visible at the base of the hill. In the background, a long, flat-topped cliff or plateau extends into the sea. The sky is a pale, hazy blue, suggesting a clear day. The overall scene is one of natural beauty and tranquility.

I. Measure your carbon footprint

Measure your footprint



- Average UK carbon footprint is **8.1 tonnes per person per year**
- **Home = 1.5 tonnes**
- **Transport = 1.5 tonnes**
- **Food = 2.6 tonnes**
- **Government & services = 1 tonne**
- **The rest = 2 tonnes +**








In the air

Quick Tips: You can enter IATA codes to quickly find an airport name - the code will be printed on your ticket, or you can check this [list](#).
You can calculate up to 10 flights at a time - either individual trips, or the legs of a long-haul flight. For a long-haul flight set each leg to "Single".

 From  To

 Flight   Class   Passengers

 Add Flight

 Calculate  Reset

Your Carbon Footprint

Cost per tonne of CO₂ = £20.00
As you add items to the basket a summary will appear here.



An aerial photograph of a coastal landscape. In the foreground, a steep, grassy hillside slopes down towards a small, sheltered bay with turquoise water. A few small buildings are visible on the hillside near the water's edge. The bay is surrounded by high, rugged cliffs that drop sharply into the sea. In the background, the coastline continues with more cliffs and a larger body of water under a hazy, golden sky, suggesting a sunset or sunrise. The overall scene is a mix of natural beauty and coastal geography.

2. Reduce your carbon footprint

Reducing your carbon footprint through travel

An aerial photograph of a coastal landscape. In the foreground, there are green, grassy hills leading down to a small bay with a sandy beach. The water is a deep blue. In the background, there are rolling hills and a coastline with cliffs. The sky is a pale yellow, suggesting a sunrise or sunset.

Increasing 📈 your footsteps
Decreases 📉 your footprint

More footsteps = Less footprint

An aerial photograph of a coastal landscape. In the foreground, a steep, grassy hillside slopes down towards a small, sheltered bay. The water in the bay is a deep, vibrant blue, contrasting with the lighter blue of the open sea to the left. A small, rocky beach is visible at the base of the hill. In the background, a series of white cliffs extend into the sea, forming a natural harbor. The sky is a pale, hazy blue, suggesting a clear day. The overall scene is one of natural beauty and tranquility.

Is there a more sustainable way to travel?

Reducing your carbon footprint through travel

- Global tourism accounts for 8% of total carbon emissions
- Take the train from London to Paris rather than flying and you'll cut carbon emissions by 90%
- Virgin trains reports London Kings Cross to Glasgow Central trains use 42.5kg of CO₂ emitted
 - 25% of the same journey by petrol car (174.8kg)
 - 17% of that by plane (244.2kg = about 1.25 double decker buses)

Reducing your carbon footprint through travel



- How do you travel to church?
- How do you travel during the week?
- How can you build community whilst you travel?

To reflect on for next week...

- Could you walk / cycle to church?
- Who could you car share with?
- Have a go at measuring your carbon footprint