

"The days are coming," declares the Lord, "when I will make a new covenant with the people of Israel and with the people of Judah. It will not be like the covenant I made with their ancestors when I took them by the hand to lead them out of Egypt, because they broke my covenant, though I was a husband to them," declares the Lord.

Jeremiah 31.31-33

"This is the covenant I will make with the people of Israel after that time," declares the Lord. "I will put my law in their minds and write it on their hearts. I will be their God, and they will be my people."

Jeremiah 31.31-33

Those who live according to the flesh have their minds set on what the flesh desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires. The mind governed by the flesh is death, but the mind governed by the Spirit is life and peace....

Romans 8.5-6, 9-11

You, however, are not in the realm of the flesh but are in the realm of the Spirit, if indeed the Spirit of God lives in you. And if anyone does not have the Spirit of Christ, they do not belong to Christ. But if Christ is in you, then even though your body is subject to death because of sin, the Spirit gives life because of righteousness.

Romans 8.5-6, 9-11

And if the Spirit of him who raised Jesus from the dead is living in you, he who raised Christ from the dead will also give life to your mortal bodies because of his Spirit who lives in you.

Romans 8.5-6, 9-11

παρακλετος

parakletos

Advocate, counsellor

How does the Holy Spirit help us?

- Teaches all things John 14.26
- ◆ Reminds of everything that Jesus said to them – John 14.26
- Convicts of sin, righteousness and judgment
 John 16.8
- ◆ Guides into all the truth John 16.13
- ◆ Tells what is going to happen what is to come John 16.13
- Brings glory to Jesus John 16.12
- ◆ Takes info from Jesus and lets it be known to the believers – John 16.17

Ask



So Eli told Samuel, "Go and lie down, and if he calls you, say, 'Speak, Lord, for your servant is listening." So Samuel went and lay down in his place.

1 Samuel 3.9

- Ask
- Confess



Who may ascend the mountain of the Lord?

Who may stand in his holy place?
The one who has clean hands and a pure heart,

who does not trust in an idol or swear by a false god.

Psalm 24.3-4

Draw near to God and He will draw near to you. Cleanse your hands, you sinners; and purify your hearts, you double-minded.

James 4.8

- Ask
- Confess
- Solitude



But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you.

Matthew 6.6

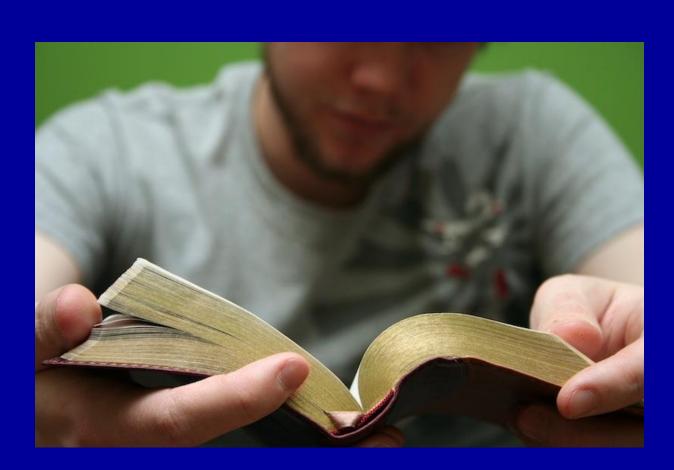
- Ask
- Confess
- Solitude
- Stillness



Be still, and know that I am God.

Psalm 46.10

- Ask
- Confess
- Solitude
- Stillness
- Meditate



Blessed is the one who does not walk in step with the wicked or stand in the way that sinners take or sit in the company of mockers, but whose delight is in the law of the Lord, and who meditates on his law day and night. That person is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither whatever they do prospers.

- Ask
- Confess
- Solitude
- Stillness
- Meditate
- Receive



...be filled with the Spirit.

Ephesians 5.18

- Ask
- Confess
- Solitude
- Stillness
- Meditate
- Receive
- Listen



The wind blows wherever it pleases. You hear its sound, but you cannot tell where it comes from or where it is going. So it is with everyone born of the Spirit.

John 3.8

- Ask
- Confess
- Solitude
- Stillness
- Meditate
- Receive
- Listen
- Expect

- Ask
- Confess
- Solitude
- Stillness
- Meditate
- Receive
- Listen
- Expect



