Praise be to the God and Father of our Lord Jesus Christ! In His great mercy He has given us new birth into a living hope through the resurrection of Jesus Christ from the dead, and into an inheritance that can never perish, spoil or fade kept in heaven for you

### You, who through faith are shielded by God's power

Now for a little while you may have had to suffer grief in all kinds of trials.

These have come so that your faith - of greater worth than gold, which perishes even though refined by fire - may be proved genuine and may result in praise, glory and honour when Jesus Christ is revealed.

Having believed, you were marked ... with a seal, the promised Holy Spirit, who is a deposit guaranteeing our inheritance. Behold, I stand at the door and knock. If anyone hears My voice and opens the door, I will come in Having believed, you were marked ... with a seal, the promised Holy Spirit, who is a deposit guaranteeing our inheritance. Do not get drunk on wine, for that is debauchery. Instead be filled with the Spirit. After they prayed they were all filled with the Spirit of God and spoke the word of God boldly.

#### Filled with joy and with the Holy Spirit

### Be filled with the Spirit.

On the last and greatest day of the feast (the Feast of Tabernacles, one of the annual Jewish festivals) Jesus stood and said in a loud voice 'If anyone is thirsty, let him come to me and drink. Whoever believes in Me, as the Scripture has said, streams of living water will flow from within him.' By this he meant The Spirit, whom those who believed in Him were later to receive. Up to that time The Spirit had not been given, since Jesus had not yet ben glorified.

## How can we let The Holy Spirit fill us continually?

#### 1. Hunger and thirst.

### 2. Repent and receive forgiveness.

### The blood of Jesus Christ, God's Son, cleanses us from all sin.

### 3. Spend time with Jesus daily.

I am the vine; you are the branches. If a man remains in Me and I in him, he will bear much fruit; apart from Me you can do nothing.

### 4. Your will be done, on earth as it is in heaven

# 5. Ask The Holy Spirit to fill you each day.

If you ... know how to give good gifts to your children, how much more will your Father in heaven give The Holy Spirit to those who ask Him.

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